

COVID-19: BRINGING FATHERS CLOSER TO THEIR KIDS

Research for The **Canadian Men's Health Foundation** reveals silver lining in the COVID gloom: fathers feel closer to their kids and want it to continue.

40%

COVID-19 had a **positive impact** on role as a father

52%

more aware of **importance** as a father

60%

feel **closer** to their children

1/2

decided to be **more engaged** as a father in the future

61%

providing **companionship** to their children more often and almost 1/2 plan to continue

56%

providing **guidance** to their children more often and 46% plan to continue.

almost 2/3s

are eating **more meals** together